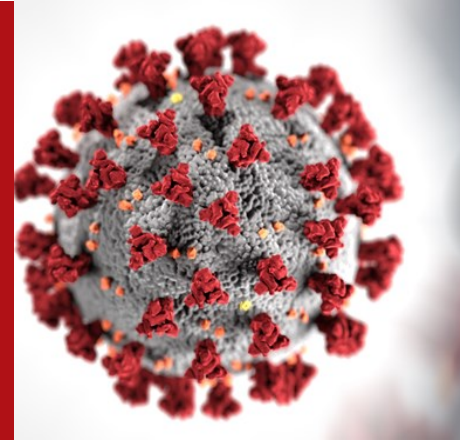




W. Reed Gusciora, Mayor
Department of Health & Human Services
Shakira Abdul-Ali, Director
Yvette Graffie-Cooper, Health Officer



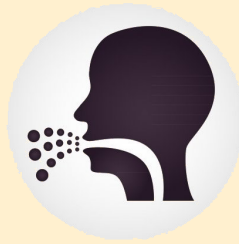
2019 Novel Coronavirus

What is novel coronavirus?

Novel (meaning “new”) coronavirus is a virus strain that has only spread in people since December 2019. Health experts are concerned because little is known about this new version of the coronavirus and it has the potential to cause severe illness in some people.

How does novel coronavirus spread?

Health experts are still learning the details about how this new coronavirus spreads. Other coronaviruses spread from an infected person to others through:



Coughing or Sneezing



Touching a surface with the virus on it, then touching your mouth, nose, or eyes.



Close personal contact, such as touching or shaking hands.



In rare cases, contact with feces.

What are the symptoms?

People who have been diagnosed with novel coronavirus have symptoms that may appear in as few as two days or as long as 14 days after exposure to the virus:



Fever



Dry Cough



Difficulty breathing

How can I prevent getting novel coronavirus?

If you are traveling overseas follow the CDC's guidance at wwwnc.cdc.gov/travel. Steps you can take to prevent spread of flu and the common cold will also help prevent coronavirus:

- Wash hands often with soap and water. If not available, use hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick.
- Stay home while you are sick and avoid contact with others.
- Cover your mouth and nose with a tissue or sleeve when coughing or sneezing.

Trained healthcare professionals are standing by to answer your questions.

24-Hour Public Hotline - 1-800-222-1222
<https://www.nj.gov/health/cd/topics/ncov.shtml>
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>